

# FREMONT PUBLIC SCHOOL

## LUNCH MENU

Menu subject to change without notice

\* Entree served as a choice at Middle School & Senior High

### Monday, April 12, 2010

French Toast Sticks/Syrup/Sausage/Cheese Slice  
\* or Breaded Chicken Strips with Sauce  
Oven Baked Hash Brown Potato... Catsup  
Mandarin Oranges  
Donut Holes  
Milk or Chocolate Milk

### Tuesday, April 13, 2010

Fiestada  
\* or BBQ Pork on a Bun  
Green Beans  
Sliced Peaches  
Chocolate Cookie  
Milk or Chocolate Milk

### Wednesday, April 14, 2010

Smokies  
\* or Breaded Beef Pattie  
Whipped Potatoes/Gravy  
Corn  
Apple Wedge  
Dinner Roll  
Milk or Chocolate Milk

### Thursday, April 15, 2010

Seasoned Chicken Fajita on a Bun  
\* or Pizzawich  
Oven Baked Potato Rounds/Catsup  
Peas  
Fruit Juice  
Milk or Chocolate Milk

### Friday, April 16, 2010

Seasoned Meatballs  
\* Sweet and Sour Chicken over Rice  
Scalloped Potatoes  
Green Beans  
Peanut Butter and Jelly on Bread  
Milk or Chocolate Milk

### Monday, April 19, 2010

String Cheese & Turkey Strips with Ranch Dippin Sauce  
\* or Grilled Chicken Pattie on a Bun  
Oven Baked Tri Potato.. Catsup  
Sliced Pears  
Baked Corn Chips  
Milk or Chocolate Milk

### Tuesday, April 20, 2010

Taco Casserole (Seasoned Beef, Cheese & Lettuce, Taco Chips)  
\* or Burrito with Spicy Cheese  
Green Beans  
Peaches  
Cinnamon Toast  
Milk or Chocolate Milk

### Wednesday, April 21, 2010

Breaded Chicken Fried Hamburger  
\* or Hamburger Gravy  
Mashed Potatoes/Gravy  
Baby Carrots  
Corn  
Hot Bread Stick  
Milk or Chocolate Milk

### Thursday, April 22, 2010

Deli Turkey and Cheese on a Bun  
\* or Pizzawich  
Oven Baked Potato Rounds/Catsup  
Mixed Vegetables  
Chocolate Chip Cookie  
Milk or Chocolate Milk

### Friday, April 23, 2010

Chicken Enchilada (Chicken, Cheese, Lettuce in a Tortilla Shell)  
\* or Pork Rib Pattie on a Bun  
Oven Baked Potato Rounds.. Catsup  
Sliced Apples in Cinnamon and Sugar  
Fruit Juice  
Milk or Chocolate Milk