

FREMONT PUBLIC SCHOOL

LUNCH MENU

Menu subject to change without notice

* Entree served as a choice at Middle School & Senior High

Monday, April 12, 2010

French Toast Sticks/Syrup/Sausage/Cheese Slice
* or Breaded Chicken Strips with Sauce
Oven Baked Hash Brown Potato... Catsup
Mandarin Oranges
Donut Holes
Milk or Chocolate Milk

Tuesday, April 13, 2010

Fiestada
* or BBQ Pork on a Bun
Green Beans
Sliced Peaches
Chocolate Cookie
Milk or Chocolate Milk

Wednesday, April 14, 2010

Smokies
* or Breaded Beef Pattie
Whipped Potatoes/Gravy
Corn
Apple Wedge
Dinner Roll
Milk or Chocolate Milk

Thursday, April 15, 2010

Seasoned Chicken Fajita on a Bun
* or Pizzawich
Oven Baked Potato Rounds/Catsup
Peas
Fruit Juice
Milk or Chocolate Milk

Friday, April 16, 2010

Seasoned Meatballs
* Sweet and Sour Chicken over Rice
Scalloped Potatoes
Green Beans
Peanut Butter and Jelly on Bread
Milk or Chocolate Milk

Monday, April 19, 2010

String Cheese & Turkey Strips with Ranch Dippin Sauce
* or Grilled Chicken Pattie on a Bun
Oven Baked Tri Potato.. Catsup
Sliced Pears
Baked Corn Chips
Milk or Chocolate Milk

Tuesday, April 20, 2010

Taco Casserole (Seasoned Beef, Cheese & Lettuce, Taco Chips)
* or Burrito with Spicy Cheese
Green Beans
Peaches
Cinnamon Toast
Milk or Chocolate Milk

Wednesday, April 21, 2010

Breaded Chicken Fried Hamburger
* or Hamburger Gravy
Mashed Potatoes/Gravy
Baby Carrots
Corn
Hot Bread Stick
Milk or Chocolate Milk

Thursday, April 22, 2010

Deli Turkey and Cheese on a Bun
* or Pizzawich
Oven Baked Potato Rounds/Catsup
Mixed Vegetables
Chocolate Chip Cookie
Milk or Chocolate Milk

Friday, April 23, 2010

Chicken Enchilada (Chicken, Cheese, Lettuce in a Tortilla Shell)
* or Pork Rib Pattie on a Bun
Oven Baked Potato Rounds.. Catsup
Sliced Apples in Cinnamon and Sugar
Fruit Juice
Milk or Chocolate Milk