

# FREMONT PUBLIC SCHOOL

## LUNCH MENU

Menu subject to change without notice

\* Entree served as a choice at Middle School & Senior High

### Monday, March 29, 2010

Mini Corn Dogs...Catsup and Mustard  
\* or Sweet and Sour Chicken over Rice  
Mixed Vegetables  
Sliced Peaches  
Chocolate Chip Cookie  
Milk or Chocolate Milk

### Tuesday, March 30, 2010

Deli Ham and Cheese on a Bun  
\* or Rib Pattie on a Bun  
Oven Baked Tri Potatoes/ Catsup  
Sliced Pears  
Fruit Punch  
Milk or Chocolate Milk

### Wednesday, March 31, 2010

Chicken Fried Hamburger  
\* or Hot Turkey Slices  
Whipped Potatoes/Gravy  
Green Beans  
Mini Carrots/Dinner Roll  
Milk or Chocolate Milk

### Thursday, April 1, 2010

BBQ Pork on a Bun  
\* or Cheese Pizza  
Oven Baked French Fried Potatoes...Catsup  
Mandarin Oranges  
Fruit Punch  
Milk or Chocolate Milk

### Friday, April 2, 2010

No School

### Monday, April 5, 2010

No School

### Tuesday, April 6, 2010

Chicken Nuggets with Special Sauce  
\* or Pork Rib Pattie on a Bun  
Oven Baked Potato Rounds/ Catsup  
Sliced Peaches  
Sugar Cookie  
Milk or Chocolate Milk

### Wednesday, April 7, 2010

Diced Turkey in Broth  
\* or Baked Chicken  
Mashed Potatoes/Gravy  
Hot Apple Slices with Cinnamon and Sugar  
Corn  
Dinner Roll  
Milk or Chocolate Milk

### Thursday, April 8, 2010

Flamebroil Beef Pattie on a Bun/Catsup & Mustard  
\* or Baked Burrito with Spicy Cheese  
Oven Baked French Fried Potatoes  
Lettuce Salad with Dressing  
Animal Crackers  
Milk or Chocolate Milk

### Friday, April 9, 2010

Pepperoni Pizza  
\* or Ham and Noodle Casserole  
Mixed Vegetables  
Pears  
Fruit Punch  
Milk or Chocolate Milk