

Dear Parent/Guardian:

With recent events and growing concerns nationally regarding reported instances of the Swine Flu, we have been in contact with Three Rivers Department of Health regarding what information we should be providing through the schools to the public.

We have been instructed to advise parents and guardians at this time to follow standard hygiene and health procedures. Specifically, if your child shows any signs of illness, such as fever greater than 100, sore throat, cough, stuffy nose, chills, headache, body aches or fatigue, he or she should not be in school. They should be symptom free for a minimum of 24 hours before returning. As with any communicable disease, the best defense is good hand washing and good hygiene.

If your children have visited out of town to any of the areas which have had incidences of flu reported, you should alert your school office. Further, if your children show any symptoms such as those indicated above you should keep them at home and you should make immediate arrangements to contact your physician for an appointment. One of your best sources for more information can be found on the Three Rivers Public Health Department website:

[www.threeriverspublichealth.org](http://www.threeriverspublichealth.org)

Thank you,  
Stephen Sexton  
Superintendent of Schools