

FREMONT PUBLIC SCHOOL

LUNCH MENU

* Entree served as a choice at Middle & Senior High

Menu subject to change without notice

*** Ice Cream Treat

MONDAY, FEBRUARY 15, 2010

Breaded Chicken Strips with Sauce
* or Baked Burrito with Spicy Cheese Sauce
Oven Baked Tri Potato... Catsup
Mandarin Oranges
Animal Crackers
Milk or Chocolate Milk

MONDAY, FEBRUARY 22, 2010

French Toast Sticks/Syrup/Sausages/Cheese
* or Pizza
Oven Baked Tri Potatoes/Catsup
Mandarin Oranges
Mini Muffin
Milk or Chocolate Milk

TUESDAY, FEBRUARY 16, 2010

Flamebroil Beef Pattie on a Bun... Catsup & Mustard
* or Pork Rib Pattie on a Bun
Oven Baked French Fried Potatoes
Fruit Cocktail
Chocolate Cookie
Milk or Chocolate Milk

TUESDAY, FEBRUARY 23, 2010

Breaded Chicken
* or Rib Pattie on Bun
Scalloped Potatoes
Green Beans
Peaches
Milk or Chocolate Milk

WEDNESDAY, FEBRUARY 17, 2010

Macaroni and Cheese... Cinnie Minnie
* or Pepperoni & Cheese Stuffed Crust Pizza
Pears
Lettuce Salad
Baby Carrots
Milk or Chocolate Milk

WEDNESDAY, FEBRUARY 24, 2010

Breaded Hamburger
* or Smokies
Whipped Potatoes/Gravy
Corn
Hot Sliced Apples with Cinnamon and Sugar
Pull-apart Dinner Roll
Milk or Chocolate Milk

THURSDAY, FEBRUARY 18, 2010

Baked Italian Meatballs in Sauce over Spaghetti
* or Hot Sliced Turkey on a Bun
Peas
Pineapple Tidbits
Cheese Bread
Milk or Chocolate Milk

THURSDAY, FEBRUARY 25, 2010

Deli Ham and Cheese on a Bun
* or Grilled Chicken Pattie on a Bun
Oven Baked Potato Rounds/Catsup
Pears
Apple Juice/cup
Milk or Chocolate Milk

FRIDAY, FEBRUARY 19, 2010

Fish Pattie on a Bun
* or Hot Ham Pattie on a Bun
Oven Baked Potato Rounds...Catsup
Sliced Peaches
Pretzels
Milk or Chocolate Milk

FRIDAY, FEBRUARY 26, 2010

Cheese Pizza
* or BBQ Pork on a Bun
Mixed Vegetables
Pineapple Tidbits
Fruit Punch
Milk or Chocolate Milk

*** Ice Cream Treat... Washington Elementary