

**2009-2010  
FREMONT HIGH SCHOOL  
STUDENT AND PARENT CONSENT FOR  
INTERSCHOLASTIC PARTICIPATION**

I, \_\_\_\_\_, (**Student's Name**) request to participate in Fremont High School interscholastic activities in the 2009-2010 school year. In making this request, Student states: This application to participate in interscholastic activities for the Fremont High School is entirely voluntary on my part. I have read the eligibility rules and regulations of the Nebraska School Activities Association and the rules and regulations of Fremont High School. I am not in violation of such rules.

(I am)(We are) the Student's parent or guardian ("Parent") and hereby give consent for the Student to participate in Fremont High School interscholastic activities in the 2009-2010 school year.

Parent and Student hereby give the following statements, agreements and consents:

**WARNING OF RISK:** I realize that participation involves the potential for injury which is inherent in all interscholastic activities. Even with the protective equipment, safety rules and instruction and direction of coaches and sponsors that are provided, injuries are still a possibility. The severity of such injury can range from minor cuts, bruises, sprains, and muscle strains to more serious injuries to the body's bones, joints, ligaments, tendons, or muscles, to catastrophic injuries to the head, neck and spinal cord, and on rare occasions, injuries so severe as to result in total disability, paralysis and death. *I acknowledge that I have read and understand this warning.*

**MEDICAL:** Parent is responsible for any professional medical and/or related services; the school shall not be liable for payment of such services. Parent and Student give permission to any and all of the Student's health care providers to release and discuss all records and information such health care providers may have about Student (including otherwise confidential medical information and records) to Fremont High School and its employees, staff, agents, and consultants. Parent and Student further give permission to Fremont High School, its employees, staff, agents, and consultants, to release and discuss all records and information it has (including

otherwise confidential medical information or records) to Student's health care providers and to others as Fremont High School may determine appropriate for the purposes of determining activity eligibility, fitness or injury status, or to respond to an emergency.

**INSURANCE:** I acknowledge that insurance coverage is recommended for all participants. The expense of insurance coverage is Parent's responsibility. Information regarding insurance is available in the Athletic Director's office.

**INJURY REPORTING:** Parent and Student agree to report to coaches and trainers any injury what-so-ever suffered by Student before, during or after the season, practice or games, whether such injury occurred as a part of participation in the extra-curricular activity, or outside of such activity.

**ELIGIBILITY RULES:** The major rules and regulations governing Student's eligibility to participate in interscholastic activities have been disclosed to Student and Parent. I have read the Nebraska School Activities Association rules of eligibility for participation in interscholastic activities, including the parent domicile, student transfer and scholastic rules. I understand that activity participants must be enrolled in

at least twenty hours per week and regular in attendance and have on school records a minimum of 20 hours credit for the immediate preceding semester. Fremont High School includes additional eligibility requirements as set forth in the Parent-Student Handbook.

**TRANSPORTATION:** I understand the activity may be conducted at a location other than Fremont High School. In some instances Fremont High School will not provide transportation to the activity. In such cases transportation to the site is the responsibility of Parent and Student. I understand that Fremont High School is not responsible when Student is provided transportation by a private vehicle driven by others.

**GOOD SPORTSMANSHIP:** I understand good sportsmanship is essential to the success of the activity program. A failure to follow the principles of good sportsmanship or other inappropriate behavior may result in removal from the contest and may result in suspension from attending future contests or activities.

**RELEASE OF INFORMATION:** I consent to academic information including grade point average, class rank and any academic awards/recognition received by Student to be released. Most typically this information will be used for the purpose of recognizing excellence in both athletics and academics and released for publication in newspapers, school publications and for awards banquets or assemblies, all-conference or all-state awards.

**UNIFORM/EQUIPMENT RETURN:** I agree to return all uniforms and equipment issued to me promptly on request and upon the ending of my participation in good condition; subject to wear and tear that occurs from normal use. I accept financial responsibility for the return of items assigned to Student and agree to reimburse the school the actual replacement value of

the items in the event that they are not returned or are damaged, and for cost of repairs if they can be repaired. I understand that failure to reimburse the school in a timely fashion could affect extracurricular activity eligibility.

**ACTIVITY CODE:** The Fremont High School Parent-Student Handbook includes an Activity Code that sets out rules of behavior. Student agrees to comply with the Activity Code. In the event I am uncertain as to whether particular behavior or conduct would violate the Activity Code, I understand that I should ask the Activity Director for advice before engaging in the behavior or conduct. I agree that participation in extracurricular activities is a privilege that may be denied by suspension or other discipline if Student does not comply with the Activity Code.

I agree that the Activity Code is a set of school rules and are not to be interpreted the same way as a criminal code. As such, I agree that the rules are subject to interpretation by school officials. I also agree that school officials may determine that a violation of the Activity Code has occurred when school officials reasonably determine from whatever information they find credible that the Student engaged in the conduct in question. School officials may determine that a violation of the Activity Code has occurred even though a criminal charge related to the conduct is still pending and even if Student has been found not guilty or the criminal charge has been otherwise dismissed.

Date: \_\_\_\_\_  
\_\_\_\_\_  
(Signature of Parent/Guardian)

Date: \_\_\_\_\_  
\_\_\_\_\_  
(Student Signature)

**AUTHORIZATION FOR RELEASE OF HEALTH INFORMATION**  
**Fremont High School ("FHS")**

|  |  |
|--|--|
| <b>PART I Identification</b>   |  |
| <b>Student's Name</b> _____  | Social Security No. or Date of Birth _____ |
| <b>Disclosing Party</b> _____<br>(Name of Hospital, Clinic, or Doctor) |  |

**PART II Authorization for Release of Health Information**

I hereby authorize the Disclosing Party and its agents to disclose health information about the Student to FHS.

1. **YOU ARE AUTHORIZED TO DISCLOSE THE FOLLOWING HEALTH INFORMATION:**

- Information about a particular admission, treatment or episode of care. Specify: \_\_\_\_\_
- The following health information: \_\_\_\_\_
- All health information about Student and any information requested by FHS

2. **DOES THIS AUTHORIZATION INCLUDE –**

- Yes  No Alcohol/drug abuse information if part of the specified record
- Yes  No Mental health information if part of the specified record
- Yes  No HIV/AIDS-related information (including test results) if part of the specified record
- Yes  No Genetic testing information if part of the specified record
- Yes  No Psychotherapy notes (Note – You cannot combine an authorization to disclose psychotherapy notes with any other authorization.)

3. **WHAT OTHER LIMITATIONS APPLY?** If none, write "none:" \_\_\_\_\_

4. **PURPOSE:** What is the purpose of the disclosure? (Note – If the disclosure is at the patient's request, simply state "at the patient's request."): Patient's request.

5. **THIS AUTHORIZATION IS VALID UNTIL:** \_\_\_\_\_ (Note: Unless otherwise stated, I request that this authorization be considered as valid for 12 months from date of signature)

**ADDITIONAL TERMS YOU SHOULD KNOW:**

1. Not a Condition for Treatment. Refusal to sign this authorization will not affect your ability to receive treatment from the Disclosing Party. 2. Further Uses and Disclosures. Health information to be disclosed under this authorization may be subject to re-disclosure by the recipient and no longer protected by State or federal privacy laws. 3. Right to Revoke. You may revoke this authorization at any time by giving written notice to the Disclosing Party. Your revocation will not be effective to the extent action has already been taken in reliance on your authorization prior to receipt of your written revocation. 4. Photocopies. A photocopy or exact reproduction of this signed authorization will have the same force and effect as the original. 5. Keep a Copy. By signing below, you acknowledge receipt of a copy of this Authorization.

**PART III Send Records to FHS at:** Activities Office - Attn: Melinda Wearden  
 Fremont High School  
 1750 N Lincoln Ave.  
 Fremont, NE 68025

**For Questions Contact: Bill Fitzgerald, Activities Director / Asst. Principal**  
**Phone: (402) 727-3063 Fax number: (402) 727-3977**

\_\_\_\_\_  
 Signature of Parent (or Student if 18 years of age or Older) \_\_\_\_\_  
 Date

\_\_\_\_\_  
 Contact Information (Address & Phone)

## NEBRASKA SCHOOL ACTIVITIES ASSOCIATION ELIGIBILITY RULES

*In order to represent a high school in interscholastic athletic competition, a student must abide by eligibility rules of the Nebraska School Activities Association. A summary of the major rules is given below. Contact the Principal or Activities Director for an explanation of the complete rule.*

1. Student must be an undergraduate.
2. Student must be enrolled in at least twenty hours per week and regular in attendance, in accordance with the school's attendance policy at the school the student wishes to represent in interscholastic competition.
3. Student must be enrolled in some high school on or before the eleventh school day of the current year.
4. Student is ineligible if nineteen years of age before August 1 of current school year. (Student may participate on a high school team if he/she was 15 years of age prior to August 1 of current school year.)
5. After a student's initial enrollment in grade nine, the student shall be ineligible after eight semesters of school membership.
6. Student must have been enrolled in school the immediate preceding semester.
7. Student must have received twenty semester hours of credit the immediate preceding semester.
8. Once the season of a sport begins, a student shall compete only in athletic contests/meets in that sport, which are scheduled by the student's school. Any other competition will render the student ineligible for a portion of, or all of, the season in that sport. The season of a sport begins with the first date of practice as permitted by NSAA rules. **The fall sports season begins August 17, 2009, with the exception of football and possibly softball, which starts August 10 and ends with the state meets. The winter sports season begins November 16, 2009 and ends with the state meets. The spring sports season begins March 1, 2010 and ends with the state meets.**
9. A student shall not participate in sports camps or clinics during the season of a sport in which the student is involved, either as an individual or as a member of a team.
10. A student shall not participate on an All-Star team while a high school undergraduate.
11. A student entering grade nine for the first time after being promoted from grade eight of a two year junior high, or a three year middle school, or entering a high school for the first time after being promoted to grade ten from a three year junior high school is eligible. After making a choice of high schools, any subsequent transfer will cause the student to be ineligible for ninety school days.  
  
If a student has participated on a high school team at any level as a seventh, eighth, or ninth grades student, he/she has established his/her eligibility at the high school where he/she participated. If the student elects to attend another high school upon entering ninth or tenth grade, he/she shall be ineligible for ninety school days.
12. When the parents of a student change their domicile from one school district, which has a high school to another school district, which has a high school, the student is ineligible for ninety school days except:
  - a) If the change in domicile by the parents occurs during a school year, the student may remain at the school he/she is attending and be eligible until the end of the school year or transfer to a high school located in the school district where the parents established their domicile and be eligible.
  - b) If a student has been attending the same high school since initial enrollment in grade nine and the school is located in the school district from which the parents moved, he/she may remain at that high school and retain eligibility or he/she is eligible at a high school located in the school district where his/her parents established their domicile.
  - c) If the parents moved during the summer months and the student is in grade twelve, the student may remain at the high school he/she has been attending and retain eligibility.
13. Guardianship does not fulfill the definition of a parent. If a guardian has been appointed for a student, the student is eligible in the school district where his/her natural parent(s) have their domicile. Individual situations involving guardianship may be submitted to the Executive Director for his review and a ruling.
14. A student shall not participate in a contest under an assumed name.
15. A student must maintain his/her amateur status.

**NEBRASKA SCHOOL ACTIVITIES ASSOCIATION ("NSAA")  
Student and Parent Consent Form**

School Year: 200\_\_-200\_\_ Member School: \_\_\_\_\_

Name of Student: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Place of Birth: \_\_\_\_\_

The undersigned(s) are the Student and the parent(s), guardian(s), or person(s) in charge of the above named Student and are collectively referred to as "Parent".

The Parent and Student hereby:

- (1) Understand and agree that participation in NSAA sponsored activities is voluntary on the part of the Student and is a privilege;
- (2) Understand and agree that (a) by this Consent Form the NSAA has provided to the Parent and Student of the existence of potential dangers associated with athletic participation; (b) participation in any athletic activity may involve injury of some type; (c) the severity of such injury can range from minor cuts, bruises, sprains, and muscle strains to more serious injuries to the body's bones, joints, ligaments, tendons, or muscles, to catastrophic injuries to the head, neck and spinal cord, and on rare occasions, injuries so severe as to result in total disability, paralysis and death; and, (d) even the best coaching, the use of the best protective equipment and strict observance of rules, injuries are still a possibility;
- (3) Consent and agree to participation of the Student in NSAA activities subject to all NSAA by-laws and rules interpretations for participation in NSAA sponsored activities, and the activities rules of the NSAA member school for which the Student is participating; and,
- (4) Consent and agree to (a) the disclosure by the Member School at which the Student is enrolled to the NSAA, and subsequent disclosure by the NSAA, of information regarding the Student, including the student's name, address, telephone listing, electronic mail address, photograph, date of and place of birth, major fields of study, dates of attendance, grade level, enrollment status (e.g., full-time or part-time), participation in officially recognized activities and sports, weight and height of as a member of athletic teams, degrees, honors and awards received, statistics regarding performance, records or documentation related to eligibility for NSAA sponsored activities, medical records, and any other information related to the Student's participation in NSAA sponsored activities; and, (b) the Student being photographed, video taped, audio taped, or recorded by any other means while participating in NSAA activities and contests, consent to and waive any privacy rights with regard to the display of such recordings, and waive any claims of ownership or other rights with regard to such photographs or recordings or to the broadcast, sale or display of such photographs or recordings.

I acknowledge that I have read paragraphs (1) through (4) above, understand and agree to the terms thereof, including the warning of potential risk of injury inherent in participation in athletic activities.

DATED this \_\_\_\_ day of \_\_\_\_\_, \_\_\_\_.

\_\_\_\_\_  
Name of Student [Print Name]

\_\_\_\_\_  
Student Signature

(I am)(We are) the Student's [circle appropriate choice] (Parent) (Guardian). (I)(We) acknowledge that (I)(We) have read paragraphs (1) through (4) above, understand and agree to the terms thereof, including the warning of potential risk of injury inherent in participation in athletic activities. Having read the warning in paragraph (3) above and understanding the potential risk of injury to my Student, (I)(we) hereby give (my)(our) permission for \_\_\_\_\_ [insert student name] to practice and compete for the above named high school in activities approved by the NSAA, except those crossed out below:

|              |          |            |                 |
|--------------|----------|------------|-----------------|
| Baseball     | Golf     | Tennis     | Play Production |
| Basketball   | Swimming | Track      | Speech          |
| Cross County | Soccer   | Volleyball | Music           |
| Football     | Softball | Wrestling  | Debate          |
| Journalism   |          |            |                 |

DATED this \_\_\_\_ day of \_\_\_\_\_, \_\_\_\_.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Parent/Guardian Signature